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December 28, 2017

# Charlevoix County News

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## Red Cross names new Northern Michigan Executive Director

The American Red Cross of Michigan has named Cathy Anthofer-Fialon as its new Executive Director for Northern Michigan.

"Northern Michigan communities mean a great deal to the Red Cross and Cathy's enthusiasm for our mission brings new energy to all we do, from Traverse City to towns throughout the Upper Peninsula," said Kimberly Burton, Regional Chief Executive Officer for the Michigan Region.

"Local disaster relief, and all our humanitarian initiatives, demand the type of professional leadership and dedication Cathy brings to work each day."

Over the years, Northern Michigan Red Cross operations evolved to include serving all of Alcona, Alger, Alpena, Antrim, Baraga, Benzie, Charlevoix, Cheboygan, Chippewa, Crawford, Delta, Dickerson, Emmet, Gogebic, Grand Traverse, Houghton, Iosco, Iron, Kalkaska, Keweenaw,



The American Red Cross of Michigan has named Cathy Anthofer-Fialon as its new Executive Director for Northern Michigan. COURTESY PHOTO

Leelanau, Luce, Mackinac, Manistee, Marquette, Menominee, Missaukee, Montmorency, Ogemaw, Ontonagon, Oscoda, Otsego, Presque Island, Roscommon, Schoolcraft and Wexford counties.

Cathy is passionate about giving back to her community. Her career includes leadership positions in higher education, emer-

See **Red Cross** -Page 6A

## Man arrested in Charlevoix County for recording nude images

By Michelle Medjesky

CHARLEVOIX - A 30 year old man from the United Kingdom who has been living and working in Charlevoix County has been arrested for recording images of several victims while they were nude by secretly accessing the cameras on their personal computers.

Police arrested Wayne Tambling on December 20 under a 45 count felony warrant, including 11 counts of capturing/distributing an image of an unclothed person, 11 counts of unauthorized computer access and 23 counts of using a computer to commit a crime, according to a media release issued last week by the Michigan State Police Post in Gaylord.

According to the release, Tambling, who works in IT at Wojan Window and Door in Charlevoix, is suspected

of remotely accessing several victims' computers without their knowledge and capturing their images, which he then transferred to his own computer.

Three victims came to police with suspicions and reports of what state trooper Jeff Mercer described as "some strange things, some coincidences that led them to believe someone was spying on them."

Police said a four month long investigation of Tambling ensued and included search warrants and the seizure of several computers and forensic examination by the Michigan State Police Computer Crimes Unit in Traverse City.

Investigators found numerous nude photos of the victims on Tambling's computer, which led to charges against him being filed and his arrest.

Tambling was arraigned last week and held on \$500,000 bond. He's facing up



WAYNE TAMBLING COURTESY PHOTO

to seven years in prison and a possible legal threat to his immigration status if convicted.

Shawn Worden, an attorney representing Wojan Window and Door, said the company will continue to cooperate with police about the investigation of its IT employee, but noted Tambling's case does not have any impact on its employees or customer base.

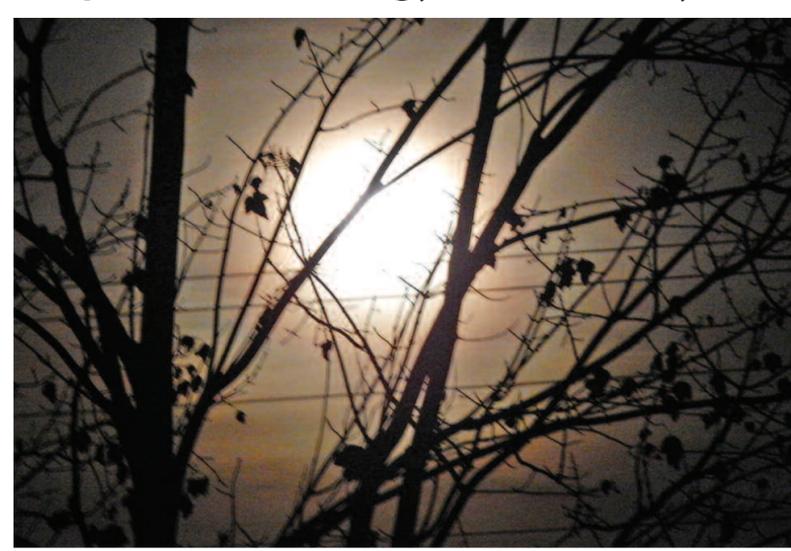
"The investigation he (Tambling) was under had nothing to do with his employment at Wojan Window and Door and none of our information, our client or employees information is at risk," Worden stated.

## Second of Supermoon "trilogy" on January 1

By Jim Akans

This past December 3rd brought the first in a series of three Supermoon events that will occur in less than a two-month period. Appearing much larger and brighter than typical, a Supermoon is the result of the full moon coinciding with "perigee," a term denoting when the moon is closest to the Earth during its monthly orbit. Astrologer Richard Nolle is credited with coining the Supermoon label, a sight that it truly a wonder to behold.

The next Supermoon will take place the night of January 1, and yet another on January 31. The January 1 Supermoon was the winner in terms of near distance to the Earth. That one will come within 356,846 kilometers. The December event brought the moon within 357,987 kilometers and the January 31 will bring the moon about 360,199 kilometers from our home planet. According to Nolle the full moon (or new moon) must be 360,000 kilometers or less to qualify as a Supermoon.



Appearing much larger and brighter than typical, the next Supermoon will take place the night of January 1, and yet another on January 31. PHOTO BY DAVE BARAGREY SR.

For even more fun, the January 31 Supermoon will also be a Blue Moon, referring to when a full moon happens twice in one month. A Blue Moon takes place about every two-and-a-half years. In the western part of North America, the Janu-

ary 31 event will also coincide with a full lunar eclipse (a partial eclipse in the east). Might want to keep an eye out for Werewolves during that one.

"Above" all, Supermoons are fun to take a peek at and perhaps grab a photo. Com-

ing out of the Christmas season, it's hard not to think of George Bailey in "It's a Wonderful Life" lassoing a big old moon for the girl of his dreams. This just might be the opportunity of a lifetime!



## "Charlevoix New Years Bridge Drop"

This New Year's Eve, the Charlevoix community will hold the Bridge Drop event, a celebration for those of every age. There is no better time to get out and have fun with friends and family than New Year's Eve.

There will be family-friendly activities from noon to 4pm including Horse Drawn Carriage Rides, S'mores and Hot Cocoa and a Snowman Contest (weather permitting) in East Park. There will be Arts and Crafts at the Charlevoix Circle Arts taking place from 2 to 4pm and the Charlevoix Cinema III will have a free kids movie from 4:30 to around 6:15pm.

Juggler Tommy Tropic will perform in East Park prior at 8:30pm prior to the first fireworks display, which takes place around 9pm. Tommy Tropic will perform again at 11:30pm in Bridge Park followed by a second round of fireworks. Join the countdown to midnight with

See **Bridge Drop** -Page 3A



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# News

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## weather

THURSDAY



HIGH: 10  
LOW: 2

FRIDAY



HIGH: 14  
LOW: 8

SATURDAY



HIGH: 18  
LOW: 8

SUNDAY



HIGH: 11  
LOW: 1

## snowfall

12/26/16 ... 19.5	12/25/2017 ... 9.3	ATLANTA
12/26/16 ... 30.5	12/25/2017 ... 33	BOYNE FALLS
12/26/16 ... 17	12/25/2017 ... 33.9	CHARLEVOIX
12/26/16 ... 25.7	12/25/2017 ... 17.8	CHEBOYGAN
12/26/16 ... 38.6	12/25/2017 ... 60.2	EAST JORDAN
12/26/16 ... 75.1	12/25/2017 ... 72.9	GAYLORD
12/26/16 ... 66.3	12/25/2017 ... 36.8	KALKASKA
12/26/16 ... 18.5	12/25/2017 ... 25.5	LEWISTON
12/26/16 ... 21.4	12/25/2017 ... 10.6	MIO
12/26/16 ... 34.7	12/25/2017 ... 29.1	ONAWAY
12/26/16 ... 45.7	12/25/2017 ... 57.6	PETOSKEY

## record temps

DAY	AVG	LOW	AVG	HIGH	RECORD LOW	RECORD HIGH
DEC 28	...16°	...30°	...-31°	(1976)	...57°	(1984)
DEC 29	...16°	...30°	...-21°	(1976)	...56°	(1984)
DEC 30	...15°	...30°	...-24°	(1976)	...46°	(2004)
DEC 31	...15°	...30°	...-14°	(1948)	...58°	(1965)
JAN 1	...15°	...30°	...-9°	(1968)	...48°	(1952)
JAN 2	...15°	...30°	...-7°	(1999)	...49°	(1998)
JAN 3	...14°	...29°	...-16°	(1996)	...51°	(1998)
JAN 4	...14°	...29°	...-36°	(1981)	...49°	(2007)
JAN 5	...14°	...29°	...-2°	(1968)	...50°	(2007)
JAN 6	...14°	...29°	...-12°	(1973)	...45°	(2007)

### Thaddeus William Karaszewski, 66

(JUNE 23, 1951 - DEC. 24, 2017)  
Thaddeus William Karaszewski, age 66 of Boyne City passed away at his home on Sunday, December 24th, 2017. A memorial service will be held 1:00 PM Friday, December 29, 2017 at Stackus Funeral Home in Boyne City with a gathering of family and friends being held from 11:00 AM Friday until the time of service. A full obituary will follow.

### Carol Sue Goodenough, 69

(JUNE 12, 1948 - DEC. 26, 2017)  
Carol Sue Goodenough of East Jordan passed away on Tuesday, December 26, 2017 at Henry Ford Hospital in Detroit. Services will be held at 11:00 AM Saturday, December 30, 2017 at the Boyne City First Presbyterian Church, 401 S. Park St, Boyne City, MI 49712. Complete arrangements and obituary information are pending and will follow soon.

### William J. Matelski, Sr., 87

(MARCH 11, 1930 - DEC. 24, 2017)  
William J. Matelski, Sr. of Boyne Falls passed away on Sunday, December 24, 2017 at The Villa by the Bay in Petoskey. Arrangements for a spring memorial gathering are pending and will be announced later.

### Thomas M. Kirby, 79

(JUNE 20, 1938 - DEC. 26, 2017)  
Thomas M. Kirby of Charlevoix passed away on December 26, 2017 at his home. A memorial service and full obituary will be published at a later date. Arrangements are being handled by the Winchester

Chapel of Mortensen Funeral Homes.

### Barbara Kay Jensen, 74

(DEC. 15, 1943 - DEC. 25, 2017)  
Barbara Kay Jensen of Charlevoix passed away on December 25, 2017 at her home and was blessed to meet Jesus on Christmas Day. Barbara was born on December 15, 1943 in Saginaw to the late Robert and Marion (Prinz) Reynolds. Barbara graduated from Arthur Hill High School then graduated from Delta Community College as a Registered Nurse. She worked as a nurse for many years in different hospitals. After moving to Charlevoix and working at the Hospital for a short time she became the director of the nursing department. Later she worked as a home health nurse with the state health department.

Barbara was always active in her church and was a member of the Community Reformed Church where she was a Stephen's Minister. She served on the Rainbow Shoppe Board for 32 years and 27 years as their treasurer. Barbara and Jim were active with Keryx Prison Ministry with Barbara often cooking meals for the 40 volunteers that served on the team.

On May 20, 1961, Barbara married Richard "Dick" Rogers who preceded her in death.

Barbara married Jim Jensen on March 5, 1994 who survives. She is also survived by her children, Julia (Mark) Schaberg, Marty (Kim) Jensen, Vicki (Dave) Koteskey, Sherry Jensen, Dan (Cindy) Jensen, Debbie (Julian) Hernandez; 17 grandchildren, Margaret, Gabby and Dylan Jensen, Kevin (Kate) Schaberg, Shelly (Brian) Horman, Rebekah (Florian) Schaberg, Drew Seymour, Megan (Ivan) Dankert, Matt Dankert, Katie (Jessie)

Motto, Cassidy, Danny and Sophie Jensen, Faith and Hope Hernandez; 7 great grandchildren and sister, Betty (Jerry) Finner.

Funeral services will be held at 2:00 p.m. on Sunday, December 31, 2017 at Community Reformed Church in Charlevoix with Pastor Chip Sauer officiating. Visitation will be held on Saturday, December 30, 2017 from 6:00 until 8:00 p.m. at the Winchester Chapel of Mortensen Funeral Homes. Visitation will also be held 1 hour prior to services on Sunday at the church.

Memorial contributions may be directed to the Chippewa Area Keryx Prison Ministry C/O Keith Gee at 808 Olson Street East Jordan, Michigan 49727.

Online guestbook at [www.mortensenfuneral-homes.com](http://www.mortensenfuneral-homes.com).

### Barry Michael Browe, 69

(APRIL 28, 1948 - DEC. 25, 2017)  
Barry Michael Browe of Charlevoix, MI died at home December 25, 2017 surrounded by loved ones.

Born April 28, 1948 to Wilfred and Florence (nee Ward) Browe, Barry was the youngest of 6 children. He is survived by wife, Charlotte, two daughters, Monica and Brigitte, stepchildren, Jeremy, Crystal, Alanna, and Lara, 7 1/2 grandchildren and brother Ron.

Born and raised in Hazel Park Detroit, he graduated from St. Rita's Catholic High School of Detroit before moving to northern Michigan in the early 70s and worked for many years at Honeywell before retiring in 2015. He was an avid snowmobiler, classic car enthusiast, foodie, and loving family man. In his free time he also enjoyed biking around Charlevoix, recently picked up a passion for cooking, and was a diligent follower of local sports.

Visitation will be held at the Winchester Chapel of Mortensen Funeral Homes, 209 State St., Charlevoix, MI 49720 on Thursday December 28, 2017 from 2-4pm with a memory sharing time beginning at 3pm. There will be a memorial luncheon to follow.

In lieu of flowers, the family asks for donations to Charlevoix Hospital Cancer and Infusion Services c/o Munson Healthcare Charlevoix Hospital, 14700 Lake Shore Drive, Charlevoix, MI.

Online guestbook at [www.mortensenfuneral-homes.com](http://www.mortensenfuneral-homes.com).

### Mary Mosoryak, 95

(FEB. 2, 1922 - DEC. 24, 2017)  
Mary Mosoryak of Charlevoix died Sunday, December 24, 2017 at Boulder Park. She was born February 2, 1922 in Detroit, the daughter of George and Mary (Pavulinetz) Bereznyak.

Mary loved her family. She especially loved spending time with her grandchildren and going to all their activities and events. She enjoyed sewing and made many costumes for her grandchildren. Mary was an active member of the Charlevoix Senior Center and St. Mary's Catholic Church. For 15 years Mary owned Al-Ray Cottages in Ironton. Surviving Mary are her daughters Marian (Christopher) DeNio, Catherine (Larry) Cross, Barbara (James) Hamilton, 9 grandchildren Nicki DeNio, Corey (Michelle Sulak) DeNio, Benjamin (Karlyn Hawkins) Cross, Timothy (Jacob Gunville) Cross, Charlie Hamilton, Maggie Hamilton, Matthew (Renee) Mosoryak, Michael (Channah Polis) Mosoryak, Jennifer (Aaron Jones) Mosoryak, 8 great grandchildren Mason, Sadie,



Olivia, Anna, Leah, Braelyn, Claire, Chris, former daughter in law Leanna Mosoryak and several nieces and nephews.

Preceding her in death was her husband John in 1982, her son John "Jay" in 2002, and siblings Anna, George, and Paul.

A rosary will be held Wednesday, December 27, at 11 a.m. at the Winchester Chapel of Mortensen Funeral Homes. A funeral mass will be held Wednesday, December 27, at 1 p.m. at St. Mary's Church in Charlevoix with a visitation starting at Noon at the church. Interment will be the spring.

Arrangements have been handled by the Winchester Chapel of Mortensen Funeral Homes. Please sign her online guestbook [www.mortensenfuneral-homes.com](http://www.mortensenfuneral-homes.com).

### Bruce MacArthur, 96

(JUNE 2, 1921 - DEC. 20, 2017)

Bruce MacArthur of Ashburn, Virginia and Charlevoix, Michigan, passed away peacefully on December 20, 2017.



He is survived by four daughters and sons-in-law: Laurie MacArthur (David Nussbaum) of Ocean, NJ, Karen Schuiling (William) of Alexandria, VA, Marjorie Veiga (Juan) of Vienna, VA, and Nancy (Peter) Smith of Clifton, VA, as well as 5 grandchildren, Helen and Carl Smith, Morgan Braswell, and Christine and Andrea Veiga who are fifth generation summer residents of Charlevoix. He is predeceased by his wife of 58 years, Barbara Groat MacArthur, with whom he traveled the world and changed their hometowns for the better.

Bruce was a third generation executive for General Motors Corp at Buick for 33 years and was very active in community service in Grand Blanc, Michigan, where he and Barbara founded the Grand Blanc Beautification League.

Upon retiring and moving to Charlevoix, Michigan in 1979, Bruce and Barbara were founding members of Keep Charlevoix Beautiful and helped build the Charlevoix Area Community Pool. He was well known as the implementer of his friend Dale Boss' idea to line the streets of Charlevoix with petunias. He also served on the boards of WATCH and spearheaded the North Point Preserve Project for the Little Traverse Conservancy. He was a Rotarian and Lions Club member and in 1988 the Charlevoix Chamber of Commerce elected him Outstanding Citizen of the Year.

Bruce was born and raised in Flint Michigan to Roy and Mildred MacArthur. He attended high school at Flint Northern where he played football and ran track. Summers at Culver Military Academy in Indiana helped form his character, and he was deeply proud of being named regimental commander there. After graduating from high school, Bruce returned to Culver to teach sailing. During WWII he served in the US Army, teaching cartography. He achieved the rank of captain and served as Company Commander in Japan as part of the Allied occupying forces. He graduated from Michigan State University with a B.S degree in Applied Science and was a member of Psi Upsilon where he was known as the 'All American Boy.'

Bruce was an accomplished athlete all his life. While he loved golf and sailboat racing, his true passion was tennis, and he was known for his signature

"Welcome to Charlevoix" drop shot. He won many tournaments, but he was most proud of being the US Tennis Association's #1 singles player in the mid-Atlantic 85-and-older division. He played tennis until he was 90 and never lost his love of competition. A week before he died, he was still playing bridge and rooting for Michigan State's Spartans.

In lieu of flowers, contributions may be made to the Charlevoix Area Community Pool at [www.charlevoix-pool.org](http://www.charlevoix-pool.org). There will be a memorial service at First Congregational Church in Charlevoix during the summer of 2018.

Arrangements are being handled by the Winchester Chapel of Mortensen Funeral Homes. Online guestbook at [www.mortensenfuneral-homes.com](http://www.mortensenfuneral-homes.com).

### Donna L. Sterrett, 80

(MARCH 17, 1937 - DEC. 19, 2017)

Donna L. Sterrett of Charlevoix passed away on December 19, 2017 at McLaren Northern Michigan Hospital in Petoskey.

Donna was born on March 17, 1937 in Detroit to the late Thomas and Louise (Huber) Goad. She was a graduate of Michigan State University. Donna wintered in Vero Beach, Florida and spent her summers in the Boyne area that she loved. She was a committee member for the Boyne Falls Polish Festival for over 40 years as well as a founding member of the Boyne City Yacht Club. Donna enjoyed spending her free time antiquing, reading, shopping and living on Lake Charlevoix.

Donna is survived by her sons, Todd (Nicole) Sterrett of Charlevoix and Scott Sterrett of Salt Lake City, Utah; brother, Ron (Kaye) Goad of Naples, Florida; 6 grandchildren, Sage, Jessica, Libby, Phillip, Patrick and Garrison.

She was preceded in death by her husband of over 50 years, Bob Sterrett, and her parents.

A memorial service will be held at a later date. Memorial contributions in Donna's name may be directed to the Bergmann Center or Community Reformed Church in Charlevoix.

Arrangements are being handled by the Winchester Chapel of Mortensen Funeral Homes. Online guestbook at [www.mortensenfuneral-homes.com](http://www.mortensenfuneral-homes.com).

### Margaret (Fesko) Raupp, 96

(JULY 16, 1921 - DEC. 20, 2017)

Margaret Raupp, died on Wednesday, December 20, 2017, at Grandvue Medical Care Facility in East Jordan.

She was born on July 16, 1921, in Monessen, Pennsylvania, the daughter of Thomas and Thersa (Matthews) Fesko.

She married Richard "Dick" Raupp and they raised two daughters in Ecorse, Michigan. Margaret had worked as a secretary for the public schools. After they both retired, they moved to their summer home on Dutchman Bay Road near East Jordan. Margaret loved hats and music.

She is survived by one daughter Sherrill (Gerald) Vargo of Taylor; four grandchildren; one brother, Edward Fesko of Tower, Michigan; and one sister, Irene Rushman of Wyandotte. Margaret was preceded in death by her husband, Richard "Dick" Raupp on November 23, 1978 and daughter, Nancy Raupp on December 27, 2016.

A Mass will be held on Wednesday, December 27, 2017, at 12:00 Noon at St. Joseph Catholic Church in

East Jordan. The family will receive friends at church on Wednesday from 10:00 A.M. until service time.

Interment will be in Michigan Memorial Park in Flat Rock, Michigan.

Arrangements were handled by the Penzien Funeral Home in East Jordan.

### Lois Marie McCurdy, 78

(AUG. 19, 1939 - DEC. 24, 2017)

Lois M. McCurdy of Boyne City died on Sunday, December 24, 2017, at Grandvue Medical Care Facility in East Jordan.



She was born on August 19, 1939, in East Jordan, the daughter of Eugene and Dorothy (Nuckles) McCurdy and graduated from Boyne City High School.

On November 10, 1996, in Cheboygan, she married Joseph Gerant, III.

Lois loved to paint pictures. She enjoyed gardening and finding great values and the local thrift shops.

She is survived by her husband, Joseph Gerant, III of Boyne City; four children, Colleen (Jeff) Froats of Alanson, Diane (Roger) Shaw of Boyne Falls, Jonathan (Michelle) Archer of Boyne City and Lewis (Laura) Archer of East Jordan; numerous grandchildren; several great grandchildren; two brothers, Patrick E. McCurdy of Florida and David McCurdy of California; two sisters, Patricia McCurdy of California and Rose Bechtel of Arizona; as well as several nieces and nephews. Lois was preceded in death by one son, Patrick Kelly Collins; one daughter, Susan Archer; and her parents.

A memory sharing service will be held on Wednesday, December 27, 2017, at 2:00 P.M. at the Penzien Funeral Home in East Jordan.

The family will receive friends on Wednesday from 12:00 Noon until service time.

### Rose M. (Krolikowski) Carson, 85

(NOV. 17, 1932 - DEC. 21, 2017)

Rose M. Carson of East Jordan died



Thursday, December 21, 2017, at Meadow Brook Medical Care Facility in Bellaire.

She was born on November 17, 1932, in Chicago, Illinois, the daughter of John and Jessie (Bolser) Krolikowski.

She married Boyd Carson on May 15, 1971. She worked as a spot welder at Dura Automotive in East Jordan.

Rose is survived by her husband Boyd Carson of East Jordan; five children, Stephen (Inelda) Renkiewicz of Bay City, Thomas (Robin) Renkiewicz of East Jordan, Charles (Kelly) Renkiewicz of Rutherfordton, North Carolina, Kathleen (Jim Blaha) Smeltzer of East Jordan, William (Kristin) Carson of East Jordan; 20 grandchildren; 37 great grandchildren; 3 great, great grandchildren; one sister, Violet Muszynski of Bloomfield Hills; as well as nieces and nephews. She was preceded in death by one son, John Renkiewicz; one grandson, Alex Carson; one great, great grandchild, Ashley Carruthers; her parents and two brothers, Charles Krolikowski and Felix Krolikowski.

A Memorial Mass will be held on Wednesday, December 27, 2017 at 4:00 P.M. at St. Joseph Catholic Church in East Jordan.

The family was served by the Penzien Funeral Homes in East Jordan.

## County News

### VOLUME 9, ISSUE 28

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# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## Boyne City & Charlevoix Farmers Markets hire new Market Manager



Missy Jollette will begin as the new market manager for the Boyne City Farmers Market and Charlevoix Farmers Market in January. COURTESY PHOTO

Boyne City Main Street and Charlevoix Main Street are pleased to announce a partnership between their farmers markets for the hiring of a new market manager. Missy Jollette will begin as manager of the Boyne City Farmers Market and Charlevoix Farmers Market in January.

"Missy will be a great fit for the markets. She has a long time investment in Northern Michigan and to living locally," Kelsie King-Duff, Boyne City Main Street Executive Director said.

Jollette comes to the markets from the Boyne Area Chamber of Commerce where she has held the position of Information Specialist for several years. She has been involved in many events through her position, including the National Morel Mushroom Festival, Fourth of July, Harvest Festival, and the Boyne Area Chamber Business Expo and Annual Meeting. She also volunteers with the Boyne City Blaze Robotics Team, the Boyne City Boosters, and the Boyne City Main Street Promotions Committee.

"Partnering just made sense," Lindsey Dotson, Charlevoix Main Street Executive Director said, "we were both looking for a market manager and partnering allowed us to make the market manager position much for viable for someone."

For more information on the Boyne City Farmers Market, visit [www.boynecityfarmers-market.org](http://www.boynecityfarmers-market.org) or email Boyne City Main Street at [mainstreet@boynecity.com](mailto:mainstreet@boynecity.com). For more information on the Charlevoix Farmers Market visit [www.charlevoix-mainstreet.org/farmers-market](http://www.charlevoix-mainstreet.org/farmers-market) or email [farmersmarket@charlevoixmi.gov](mailto:farmersmarket@charlevoixmi.gov).

## BRIDGE DROP

FROM PG. 1A

the dropping of a replica of the Charlevoix draw-bridge from a crane near the marina. The fireworks can be easily viewed from East Park.

The Charlevoix Transit Authority (231) 582-6900 will be offering free ride for the Bridge Drop event. For additional information, please visit .

# For Auld Lang Syne

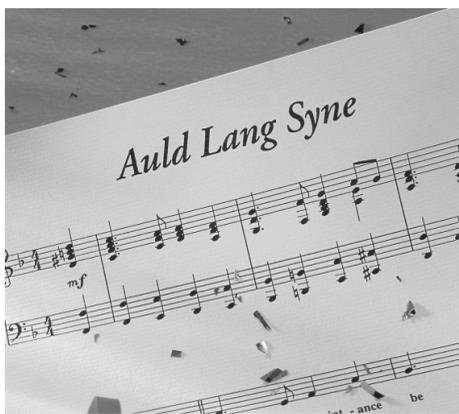
By Jim Akans

One of the best known songs in English speaking countries, particularly as New Year's Eve rolls around, is the hearty refrains of Auld Lang Syne. It's surfacing is brief, typically just after the stroke of midnight on December 31st and then it is safely tucked away amid the noisemakers and party hats for the next 364 days, 23 hours and 50-odd minutes. But it's presence during those celebrated moments as the year changes faces is HUGE...it seems that everyone instinctively knows the words and melody.

Well, some of it anyway. Actually, there are five stanzas to the poem penned by Scotland's Robert Burns back in 1788. Typically, crowds gathering on New Years Eve sing verse one and the chorus, and while venturesome spirits sing a shortened version of the full song comprised of verse one, five and the chorus. Seldom do the other versus resound with voices.

There is some serious contention to the claim of Mr. Burns having been the originator of the piece. A letter written by Burns to an acquaintance named Mrs. Agnes Dunlop suggests that he restored the piece based on fragments of an old ballad dating back to the 15th or 16th century. It is generally agreed that at least two of the versus, (3 & 4), are directly attributed to Burns writing style.

The melody for Auld Lang Syne (which translates to "old long since") is commonly credited to composer William Shield who originally used it in his 1783 opera; Rosina. The tune, with Burns words, quickly became popular as the last song sung as evening gatherings broke up. A ritual developed where the group stood in a circle, each person crossing his arms in



## Auld Lang Syne

Robert Burns

Should auld acquaintance be forgot,  
and never brought to mind?  
Should auld acquaintance be forgot  
and days of auld lang syne?

For auld lang syne, my dear,  
For auld lang syne,  
We'll take a cup o' kindness yet  
For auld lang syne

front of his chest and clasping his neighbors' hands, and all arms swung forward and back in time

with the music as the song was sung. Give that a try when the clock

strikes twelve this New Year's Eve. Here are the complete lyrics to Auld Lang Syne. Happy New Year!

We twa hae run about the braes  
And pou'd the gowans fine;  
we've wander'd mony a weary foot  
Sin' auld lang syne

We two hae paidled i' the burn,  
Frae mornin' sun till dine;  
But seas between us braid hae roar'd  
Sin' auld lang syne

And here's a hand, my trusty friend,  
And gie's a hand o' thine;  
We'll take a cup o' kindness yet  
For auld lang syne

Should auld acquaintance be forgot,  
and never brought to mind?  
Should auld acquaintance be forgot  
and days of auld lang syne?

For auld lang syne, my dear,  
For auld lang syne,  
We'll take a cup o' kindness yet

## New Year's celebrations date back to 2000 B.C.

By Jim Akans

As the clock ticks down to midnight on New Years Eve, all thoughts focus on the promise of the future. Yet the celebration of the coming year has a very long past, dating back to around 2000 B.C. when Mesopotamia welcomed the beginning of the spring season (at the vernal equinox) with festivals heralding a new year. According to the web site, [celebrations.com](http://celebrations.com), those trend-setting Babylonians even established the tradition of making resolutions, with a typical one at the time being the return of farming equipment that had been borrowed.

According to a 2015 Nielson poll, today's most common New Year's resolutions center on staying fit, healthy (quitting smoking and exercising fall into these categories) and losing some weight. Just a bit down the list were; enjoying life to the fullest, spend less/save more and spend more time with family and friends. About 16-percent of respondents state their resolution was to not make resolutions.

That might not be a bad idea. A University of Scranton research paper found that only 8-percent of the approximately 40-percent of American's making New Year's resolutions actually achieve them. The success rate is probably much higher for those who don't make them.

Still, New Year's is about hope, dreams and having a celebratory evening before a day full of football. Following are a bit of New Year's trivia that might help fill an awkward gap in conversation at a year-end gathering near you:

- The first New Year's ball was dropped in New York's Times Square in 1907. That ball weighed 700 pounds and was decorated with 100 bulbs. Today, that ball weighs nearly six tons and is decorated with over 2,600 Waterford crystals.
- The establishment of the Julian



Have a safe celebration this New Year's Eve and may the coming year bring good fortune and joy to you and yours! WIKIMEDIA IMAGE

calendar in 45 B.C. set the date of celebrating New Year's on January 1. (Spring still seems more appropriate to me).

- The month of January was named after the Roman god of doors and gates - Janus. Janus was portrayed with a face looking forward and a face looking backward...symbolism that is apt to the start of a new year.
- The Chinese New Year occurs on the new moon between January 21 and February 20 (it will be on January 28 in 2017).
- The Thrillist web site states that those New Year's kisses have been happening since the Middle Ages, stemming from a belief that the first person you encounter in the New Year will establish the

karma of the coming year. It's a good omen if that person is someone you want to lock lips with.

- Auld Lang Syne lyrics, a Scottish phrase that means "times gone by," are derived from a 1788 poem by Scotsman Robert Burns.
- The National Insurance Crime Bureau reports that New Year's Day hold the distinction of having the highest stolen vehicle rate of any national holiday. Could have something to do with grabbing the wrong keys after a long night of partying.

Have a safe celebration this New Year's Eve and may the coming year bring good fortune and joy to you and yours!

## Kirtland Community College Announces Fall 2017 President's, Dean's Lists Honorees

ROSCOMMON - Officials at Kirtland Community College recently recognized students for their academic achievements during the 2017-18 fall semester which earned them placement on the college's dean's and president's lists.

To qualify for the president's list, candidates must be full-time students who earn a grade-point average between 3.8 and 4.0. Dean's list candidates must have a grade-point average of 3.4 to 3.799.

### Dean's List

Kenneth Thornton, East Jordan

### Part Time Student Honorees

Robert Cameron, East Jordan  
Sage Campbell, East Jordan  
Tanner Cooper, East Jordan  
Jacob McBee, Boyne City  
Garrett Ramage, Charlevoix  
Dakota Sarasin, East Jordan  
James Smith, Charlevoix  
John Thompson, East Jordan

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## BOYNE CITY POLICE DEPARTMENT WEEKLY INCIDENT REPORT

Monday, December 11, 2017			
1602	Private property damage crash in the 1300 block of Boyne AV.	0806	Report of vehicle stolen from Silver St
1720	Traffic hazard on Boyne City Rd near Court St.	1022	Barking dog complaint from Wilson St
Tuesday, December 12, 2017			
0729	Alarm in the 400 block of S Park St	1032	Assist EMS in parking lot of City Hall.
0832	Assist EMS on W Court St	1056	Vehicle unlock in the 200 block of S Lake St
0930	Report of subjects possibly camping off Suttiff Ln	1205	PPO violation reported in the 300 block of N Lake St
1150	Parking violation reported in the 100 block of E Water St	1343	Report of damage to tree in the 300 block of N Park St.
1741	Civil complaint on Pearl St.	2117	CPS referral and possible CSC complaint on Wenonah St.
1803	Property damage crash on Boyne Av near Division St.	2231	Alarm in the 300 block of N Lake St.
2010	Damage to mailbox in the 600 block of N East St. Located suspect who had damaged mailbox with a baseball bat.	Thursday, December 14, 2017	
2115	Arrested subject for MIP.	0113	Report of a fight in the 800 block of S Park St. Gone on arrival.
WEDNESDAY DECEMBER 13, 2017			
		0329	Assist Sheriff Dept on M-75 S
		0820	2 vehicle Property damage crash in the 100 block of Boyne Av
		0914	Report of lost car title
		0956	Report of dogs barking all the time in the 1000 block of Pleasant
		1610	Arrested subject in Central Lake with the stolen car from yesterday
		1620	Threats complaint from silver St.
		2114	Arrested subject for felonious assault, Domestic violence, and Possession of Firearm while Intoxicated.
Friday, December 15, 2017			
0724	Vehicle unlock in the 100 block of S Lake St	0724	Vehicle unlock in the 100 block of S Lake St
1015	Vehicles parked on Terrace St obstructing snow removal.	1015	Vehicles parked on Terrace St obstructing snow removal.
1110	Civil complaint from Poplar St	1110	Civil complaint from Poplar St
1335	Vehicle unlock at 400 block of Groveland	1335	Vehicle unlock at 400 block of Groveland
1630	Vehicle unlock in the 300 block of North St	1630	Vehicle unlock in the 300 block of North St
1746	Report of vehicle in the ditch on Addis St near Ridge. Keys locked in it too.	1746	Report of vehicle in the ditch on Addis St near Ridge. Keys locked in it too.
1809	Juvenile complaint in the 400 block of E Main,	1809	Juvenile complaint in the 400 block of E Main,
1817	Vehicle unlock in the 400 block of Harris.	1817	Vehicle unlock in the 400 block of Harris.
2052	Report of assault in the 500 block of N Lake St.	2052	Report of assault in the 500 block of N Lake St.
2206	Barking dog complaint in the 600 block of W. Court St.	2206	Barking dog complaint in the 600 block of W. Court St.
2316	Car deer crash on W. Michigan Ave. at Charlevoix St.	2316	Car deer crash on W. Michigan Ave. at Charlevoix St.
SATURDAY DECEMBER 16, 2017			
0229	Found a dog running at large in the road on Lewis Av. Located owner	0229	Found a dog running at large in the road on Lewis Av. Located owner
1006	Harassment complaint from the 500 block of N Lake St.	1006	Harassment complaint from the 500 block of N Lake St.
1108	Private property damage crash in the 400 block of N Lake St	1108	Private property damage crash in the 400 block of N Lake St
1505	Harassment complaint from the 500 block of N Lake St.	1505	Harassment complaint from the 500 block of N Lake St.
500 block of N Lake St..		1525	Found check turned in to PD
1545	Vehicle unlock in the 100 block of W Lincoln.	1545	Vehicle unlock in the 100 block of W Lincoln.
2011	Civil complaint in the 400 block of State St	2011	Civil complaint in the 400 block of State St
2026	Vehicle unlock in the 400 block of N Lake St	2026	Vehicle unlock in the 400 block of N Lake St
2051	Threats complaint from Wenonah St	2051	Threats complaint from Wenonah St
2230	Assist MSP on M-75 S	2230	Assist MSP on M-75 S
Sunday, December 17, 2017			
0907	Civil complaint in the 500 block of N Lake St	0907	Civil complaint in the 500 block of N Lake St
1014	Report of an audible alarm going on and off in Harbor Ridge Estates.	1014	Report of an audible alarm going on and off in Harbor Ridge Estates.
1532	Report of a physical fight in the 100 block of W Court.	1532	Report of a physical fight in the 100 block of W Court.
1629	Trespass complaint in the 800 block of S Park St	1629	Trespass complaint in the 800 block of S Park St

# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

BY MICHAEL ROIZEN, M.D., AND MEHMET OZ, M.D.

## Good to the last drop: Coffee definitely is a health-booster

Coffee, legend has it, was first discovered in 9th-century Ethiopia when a goatherd noticed his flock was behaving oddly after eating some red-dish tree berries. When he took the berries to the local monastery, religious leaders deemed the beans unworthy and threw them on a fire. But, wouldn't you know it, the roasting beans smelled so good that they decided to give them another chance. They put the toasty seeds into a pot of warm water, and the first cuppa Joe was brewed!

Today Americans down around 146 BILLION cups of

## Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.



coffee annually! Good thing it turns out to have a lot of health benefits.

A new review published in The BMJ looks at the current data on coffee and health, and finds that it has many health benefits. You do, however, encounter some serious negatives with overconsumption of coffee: pregnancy loss, low birth weight and preterm birth, as well as an increased risk of bone fracture in women, but not men.

Your daily dose: If caffeine doesn't give you a headache,

upset tummy or other side effects, enjoy three or four cups of decaf or regular (filtered through paper, no added sugar or high-fat milk) daily. You'll lower your risk of Type 2 diabetes and reduce your risk of all-cause mortality over a set period of time by more than 17 percent, compared with folks who don't drink any coffee. In addition, caffeinated coffee lowers your risk for cardiovascular disease and stroke, as well as nine cancers and liver problems.

## Stress is as damaging as bad fats when it comes to your health

In the 1959 Peter Sellers movie "The Mouse that Roared," the British funny man plays three roles in a story about how an inconsequential European Duchy attacks and defeats America.

Sellers' roles as Grand Duchess Gloriana, Prime Minister Count Rupert Mountjoy and game warden Tully Bascombe all contribute to the same result — a riotous sendup of global politics.

Well, in a recent Chinese-American experiment published in Scientific Reports, several groups of mice roared loud and clear when researchers examined the effects of a high-fat diet, obesity and stress on their gut biome and their mood.

Researchers found:

—High-fat diets dramatically altered the gut biome, and not for the better.

—Male mice that ate a high-fat diet became obese and sedentary, had altered gut biomes and were more likely to develop anxiety disorders than females.

—Thin female mice exposed to stress had changes in their gut biome that made the mix of bacteria resemble the gut biome of obese female mice. That meant thin, stressed females were vulnerable to obesity-related diseases, such as depression, fatty liver disease, insulin resistance and diabetes, bodywide inflammation and heart disease.

So, if you're female and dealing with chronic stress and/or obesity, protect your gut. Take up meditation, walk 10,000 steps daily and eliminate saturated and trans fats from your diet. If you're male and overweight, get evaluated for a mood disorder. Make a plan to get happier and healthier by shedding 4 pounds a month and making sure to get those 10,000 steps a day.

who began hiccupping uncontrollably; astrophysicist Neil deGrasse Tyson sneezed while talking about black holes with him; and comedian Ricky Gervais yelled into his napkin. His name is Sean Evans, and his YouTube series "Hot Ones" has more than 2 million subscribers. Seems watching people eat super-spicy foods is highly entertaining.

But that's not all. According to the results of a new study, eating capsaicin — the main hot and spicy component of chili peppers — might help you reduce your sodium intake.

For the study, researchers looked at brain scans of over 600 people and discovered that the areas that responded to spicy and salty foods overlap, and eating spicy foods reduces salt cravings. This comes on the heels of info that capsaicin is a vasodilator, which help lower blood pressure.

These findings are especially helpful given recent guidelines that lowered the threshold for high blood pressure to 130/80, making it clear that even this degree of high blood pressure increases your risk of heart attack and stroke.

Anyone with HBP, heart disease, diabetes or kidney problems should have only 1,500 mg of sodium daily. If you have salt-sensitive HBP (that's fewer than 0.5 percent of you), excess sodium is deadly. To find out if that's you, measure your BP; then go off all salt for five days, and measure again. Your BP should dip more than 20/10. The rest of you? Aim for around 2,300 mg daily.

So, substituting peppers for salt makes sense for everyone, and you don't have to use super-hot ghost peppers!

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(c) 2017 Michael Roizen, M.D. and Mehmet Oz, M.D.

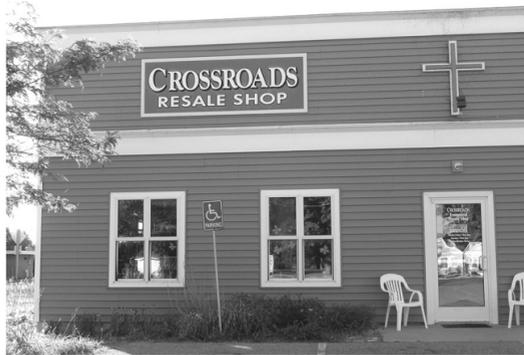
## Crossroads Ecumenical Resale Shop helps serve needs of families

By Jim Akans

East Jordan's Crossroads Ecumenical Resale Shop is more than a great place to find fantastic values. It is also a valuable community resource for area families in need. The clean, well-organized resale shop features a wide selection of clothing, household items, home decor, lamps, furniture, vintage and retro items, collectibles, games, toys, shoes, purses, and unique treasures. Shoppers regularly compliment the staff about the facility's bright, cheerful atmosphere, making browsing items an enjoyable experience each time they visit.

Founded in June of 2005 by five East Jordan churches, Crossroads is a Christian organization dedicated to serving the needs of families utilizing proceeds from sales in several ways. Crossroads financially supports programs in the community such as the Care & Share Food Pantry, a separate entity located adjacent to Crossroads. Each month, funds are given to help the pantry purchase food items for their clients.

Sales proceeds at Crossroads are also utilized to assist the East Jordan Ministerial Association. Funds are earmarked to help people with utility and medical bills, rent and basic needs. Crossroads also supports the annual Christmas Basket program, giving funds to purchase toys and



East Jordan's Crossroads Ecumenical Resale Shop is more than a great place to find fantastic values on gently used clothing, household furnishings and goods, collectibles and more. It is a tremendous community resource for area families in need. PHOTO BY TERRI WARNOS, MANAGING DIRECTOR AT CROSSROADS.



Crossroads is always looking for caring individuals, such as board member and volunteer Carolyn Christensen, who would like to help with assorted tasks once a week, or even once a month. PHOTO BY TERRI WARNOS, MANAGING DIRECTOR AT CROSSROADS.

teen gifts for families during the Christmas season, as well as the Vacation Bible School summer program sponsored by several East Jordan area churches.

While the wonderful items available for purchase at the resale shop are tremendous bargains for area shoppers, Crossroads donates some of those items to families in

dire need. They have a gift coupon program that works in conjunction with Care & Share. People utilizing the services of the food pantry are able to use those coupons to shop for merchandise at the resale shop.

Looking for a wonderful place to volunteer? Crossroads is always seeking caring individuals who would like to help with assorted jobs such as cashiering, hanging clothes, prepping items for the sales floor, organizing merchandise and more. Two three-hour shifts are available Tuesdays through Fridays, and they appreciate volunteer help whether on a weekly or even monthly basis.

Crossroads is looking to expand. After ten years of operation they are outgrowing their existing space and are currently storing furniture and off-season items in remote locations. The staff has been busy writing grants and accepting donations to their building expansion fund. Those who would like to support this fund can send tax-deductible donations to Crossroads Ecumenical Resale Shop, PO Box 937, East Jordan, MI 49727.

Crossroads is open Tuesday through Friday from 10am until 4pm, and Saturday from 10am until 2pm. They can be contacted at (231) 536-7606.

## Spice down your cravings

He's eaten smoking-hot wings with actor Bob Saget,

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**Hidden Treasures**

Northern Michigan Treasure Hunter's Guide to area antique, consignment, resale and thrift shops

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# News Briefs

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## BOYNE CITY FRESHWATER CONCERTS; THORNETTA DAVIS

December 29, 8pm, Freshwaters Art Gallery/Concert Venue, 217 S. Lake Street. Tickets \$30 in advance and \$35 at the door. Info and tickets, call: (231) 582-2588.

## CHARLEVOIX BEACH BASH

December 29, 6-8pm, Charlevoix Area Community Pool. Grab your swimsuits, lounge poolside, toss some beach balls, and soak in the hot tub. Subs, refreshments and goody bags provided. Reservations required (75 people max.). \$5 per person, children ages 3 and under free. Call the Pool today to ensure your spot: 231.547.0982, or register online at [www.charlevoix-pool.org](http://www.charlevoix-pool.org).

## BOYNE CITY GUN CONTROL DISCUSSED

December 31, 6:30pm, Lifetree Cafe, First Presbyterian Church, 401 S. Park. The program—titled “Inside the Gun Debate: To Hunt? To Defend? To Assault?”—features filmed interviews with Tom Mauser, whose son died at Columbine High School, and Michael Lang, a concealed weapon firearms instructor. Admission to the 60-minute event is free. Use the Pine St. entrance. Join us at 5:30 for a potluck. Bring a dish to share.

## CHARLEVOIX ANNUAL BRIDGE DROP

December 31. The Charlevoix Bridge Drop is back and better than ever! Get your creative juices flowing during the Snowman Making Contest (sponsored by Charlevoix Public Library)! Horse drawn carriage rides, s'mores and hot coco, arts and crafts at the Charlevoix Circle of Arts, and a free kid's movie at Charlevoix Cinema III. The greatest New Years Eve Firework Shows will take place at 9pm and midnight!! Many area restaurants will feature Bridge Drop specials and live music!

## PETOSKEY NEW YEAR'S EVE AT THE ARTS CENTER

December 31, 5-9pm, Crooked Tree Arts Center. New Year's Eve at the Arts Center was established in an effort to create an all age, family friendly, alcohol-free and artistic celebration to launch the New Year. There are experiences in music, theater, art and dance all under one roof, one night—the building is bursting with creative energy. Whether you prefer to participate in a hands-on workshop or just sit back and enjoy the entertainment—this event is for you! Participants can wander freely throughout the arts center, Petoskey District Library's Carnegie Building and, new this year, Petoskey District Library, and choose among the many offerings for the evening. Performances and workshops are presented by CTAC's instructors, Blissfest Music Organization and Petoskey District Library among others. Admission; \$10 adults and \$5 students (children under 2 are free). for info and tickets.

## CHARLEVOIX DIABETES PREVENTION WORKSHOP

January 3, Noon-1pm, Munson Healthcare Charlevoix Hospital, Classroom B. Program will help you take steps to prevent diabetes. Follow-up sessions will be held on Wednesdays, Jan. 17th- May 16th and then once a month until December. The workshops will be led by Gretchen Stelter, Disease Prevention & Management with MSU Extension.

## CHARLEVOIX BLOOD PRESSURE CLINIC

January 9, 1-2pm, American House, 615 Petoskey Avenue. Free Blood Pressure Clinic hosted at American House Charlevoix by Hospice of Michigan.

## HARBOR SPRINGS GLCO CONCERT; DIVAS:

## FOR THE LOVE OF SINGING

January 14, 4-5pm, First Presbyterian Church, 7940 Cemetery Road. Great Lakes Chamber Orchestra presents the areas three most popular vocalists, Amy Joy Cross, Doretta Furstenberg, and Jamie Platte performing as the Dueling Divas! Enjoy the sounds of these talented vocalists as they perform a range of ensembles that will warm your heart. A free will donation will be taken at the door.

## WALLOON LAKE WEDDING SHOWCASE

January 14, noon-3pm, Talcott Event Center. Come meet vendors who are ready to help you plan your wedding right here in Northern Michigan. Some of the area's most popular wedding vendors will be ready to answer all your questions and book on the spot for your special day. There will be loads of giveaways all event long and one lucky couple will walk away with half-off their The Talcott rental fee (valued at \$1,500).

## CHARLEVOIX FREEDOM FROM SMOKING 8-WEEK CLASS

Beginning January 15, 5:30-6:30pm, Munson Healthcare Charlevoix Wellness Workshop, 411 Bridge Street. Will continue seven following Mondays. \$25 for printed materials; some scholarships are available. Register now - space is limited! Register online at [munsonhealthcare.org/charlevoix](http://munsonhealthcare.org/charlevoix) or by calling Wellness Workshop at (231) 437-3482

## BOYNE CITY ANNUAL AWARDS GALA

January 18, 5-8:30pm, Boyne Mountain Civic Center. The Boyne Area Chamber will be honoring several local businesses, organizations and individuals for their contributions to the community. This year's theme is “Toast To The Town,” and the event is presented by Korthase-Flinn Insurance and Financial Services. The program is an upbeat gathering with great food and drink, live and silent auctions, live music and the introduction of our Chamber Board members. It always sells out with more than 300 people attending. Tickets; \$50 per person.

## CHARLEVOIX THREE MEN AND A TENOR

January 20, 8-10pm, Charlevoix Cinema III. Live from Charlevoix presents Three Men and a Tenor. Great pop vocal music, quick-witted humor and overall likeability make this a unique show experience. \$25 admission.

## EAST JORDAN ANNUAL CHAMBER MEETING/DINNER/AUCTION

January 27, Castle Farms. Updates at

## CHARLEVOIX CHAMBER ANNUAL MEETING AND AWARDS BREAKFAST

February 2, 7-9am, Castle Farms. Please join us in celebrating the award winners; Outstanding Citizen; Mark Greyerbiehl, Business of the Year; Michigan Scientific Corporation, New Business of the Year; Harwood Gold Cafe, Young Professional of the Year; Jamie McLane, Customer Service Award; Jim Sylvain and Chamber Ambassador Award; Leanne Ackert. Tickets will go on sale at Charlevoix Chamber on January 2.

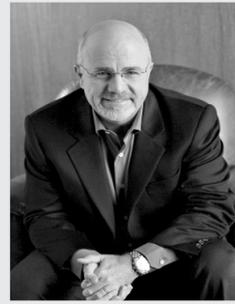
## BOYNE CITY INDOOR FARMERS MARKET

Saturday, 9am-noon. Boyne City Indoor Farmers Market is located in the main lobby area of the new City Facilities Building, which is right next to the summer market location in Veterans Park.

## CHARLEVOIX COMMUNITY FOUNDATION GRANTS AVAILABLE

Since it was founded in 1992, the Community Foundation's net assets have grown to more than \$39 million. Grants and scholarships totaling more

# DAVE Says



Dave Ramsey

## (Business issues and family)

Dear Dave,  
My father-in-law started a business as an LLC few years ago. He named all his daughters owners, with him owning the majority share. The business failed, and now he is being sued by creditors. He told the family these creditors can't come after us and the other siblings, because he is the majority owner. Is this true, or should we get a lawyer?  
Caleb

Dear Caleb,  
Your wife is probably not in danger, unless she signed paperwork making her liable for a loan or liable with a creditor. If she signed official, legal paperwork - like if she went down to the bank and signed on a loan - then she's liable. It's that simple. That would make her, or any of her siblings who did this, co-makers on the loan.  
Your wife, and any of her sisters,

who signed on trade accounts taking supplies from a supplier and paying them could also be liable. But they are not automatically liable simply because they were listed as minority owners in an LLC, or even a sub-S corporation. If it were a general partnership, there's a possibility they could be liable. That's one of the reasons I hate general partnerships. I hate partnerships in general, but I hate general partnerships, too!

In other words, I think you're okay. I would still advise speaking with an attorney, and giving him or her all the details of this situation, to be absolutely certain.

—Dave

## (Be there for each other, and don't give up!)

Dear Dave,  
My wife and I both lost our jobs a

to you monthly.

## BOYNE CITY FREE COFFEE, DOUGHNUTS & LUNCH FOR VETERANS

The community of Boyne City will be hosting a free social gathering for all veterans from 9 to 11 a.m. on the fourth Tuesday of the month at the Boyne Area Senior Center. Coffee and doughnuts will be donated by supportive area businesses. The senior center will also offer free lunches to all veterans on the fourth Tuesday of the month, starting in January. The senior center is located at 411 E. Division St.

## CHARLEVOIX

Hospice of Northwest Michigan invites you to join our Monthly adult grief, loss & bereavement support group, which takes place the 2nd Sunday of each month from 4-5pm at the First Baptist Church, 6781 M66 North. This program is open to anyone in our community looking for assistance in their grief process and is facilitated by Rev. David Behling. There is no charge to attend. Please feel free to call Hospice at 231-547-7659 to register or for more information.

## NORTHERN MICHIGAN

Women's Resource Center of Northern Michigan provides counseling and support services at no cost to survivors of domestic abuse, sexual assault, child abuse, child sexual assault and adults molested when they were children. Support services include crisis

individual counseling, support groups, trauma therapy (EMDR), play therapy for children, safety planning, advocacy and resources/referrals. If you or someone you care about has been a victim of crime, contact the WRCNM's main office at (231) 347-0067.

## NORTHERN MICHIGAN

Women's Resource Center of Northern Michigan offers free playgroups for children 0-60 months and their preschool-age siblings. Playgroups help you learn about your child's developmental stages, learn new children's games/activities and share parenting concerns/experiences with other parents and the playgroup facilitator. Playgroups are held in various northern Michigan communities. For current playgroup locations/times, visit [www.wrcnm.org](http://www.wrcnm.org) or call (231) 347-0067.

## BOYNE CITY

Boyne District Library programs  
- Toddler Tales & Tunes every Monday at 10am and Preschool Storytime every Tuesday at 10am. Check website for any date changes. No registration is required.  
- Yoga with Reb Andrews 9am every Monday, 8 week sessions/\$5 per week  
- Tai Chi every Wednesday, 9am beginners class, 10am advanced class, cost is \$5 per session  
- The Boyne District Library Book Club meets at 7pm. Information at [www.boynelibrary.org](http://www.boynelibrary.org).

# Follow the Action

Pick up the Charlevoix County News each week for comprehensive coverage of your Charlevoix County Area High School Teams.

The Charlevoix County News is the local weekly newspaper for all of Charlevoix County. Local News and sports from Boyne City, East Jordan, Charlevoix, Boyne Falls, Walloon Lake, Ellsworth and Atwood. Available on News Stands every Thursday for 75 cents or have the newspaper delivered to your home for as low as \$35 a year.

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# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

## High blood pressure level standards reduced

New hypertension guidelines will result in more than 1 million additional Michigan residents — many of them younger adults under age 30 — being considered to have high blood pressure. The American College of Cardiology and the American Heart Association redefined high blood pressure as being a reading beginning at 130/80. This is a decrease from the previous definition for high blood pressure of 140 systolic over 90 diastolic.

“The new guidelines highlight the importance of primary prevention and lifestyle changes related to nutrition, physical activity, smoking and other risk factors,” said Michigan Department of Health and Human Services Director Nick Lyon. “Identifying and controlling high blood pressure early on helps prevent serious and costly complications later in life, resulting in improved quality of life for all Michiganders.”

More than 30 million more U.S. adults will be considered to have high blood pressure. Hypertension is the leading cause of heart disease and stroke. Under the new guidelines, more than 100 million people may now be classified as having high blood pressure.

The only way for people to know if they have hypertension is to have their blood pressure checked and be told by their doctor that they

have hypertension. Understanding blood pressure numbers is key to controlling hypertension and is important to reducing the risk of heart disease and stroke.

Across Michigan and the U.S., efforts are being put in place to prevent heart disease and stroke.

The Million Hearts® 2022 is a national initiative co-led by the Centers for Disease Control and Prevention and the Centers for Medicare and Medicaid Services to prevent

1 million heart attacks and strokes in the next 5 years. MDHHS is also working to create a heart-healthy and stroke-free Michigan through the Michigan Million Hearts® initiative and working to have the state's residents increase physical activity and healthy eating and decrease smoking and exposure to secondhand smoke. Visit [www.michigan.gov/millionhearts](http://www.michigan.gov/millionhearts) for more information.

During the holiday season

it is important to consider that there is a link between stress and high blood pressure. Stress is known to contribute to unhealthy risk behaviors, such as too much alcohol and poor diet.

For more information and free resources about preventing heart disease and stroke, visit [www.michigan.gov/cvh](http://www.michigan.gov/cvh). To recognize the signs of a stroke, think FAST: Face, Arm, Speech, and Time. For more information about strokes, go to .

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## Consumers Energy offers heating bill assistance

By Whitney Skeans

Each winter in Michigan, the question we all ask ourselves is: How cold will it get this year? For most, the answer is simple enough — we check the Farmer's almanac, tune into the weather forecast, ask a few friends or coworkers what they've heard. And, if colder is the reply, we may decide to don that fluffy wool sweater, turn up the thermostat, make a pot of soup or throw a log on the fireplace at home.

For some, colder weather means something far more urgent. Can I afford my energy bill? Will I be able to keep my heat?

Our state's economy is as strong as it's been in a while, but the struggles we hear from some of our customers don't go away. Families are still stung financially by job losses or medical bills, or any number of challenges that may leave people choosing between their energy bill and other necessities each month. It's a juggling act of responding to multiple, often competing needs — which crisis to address first, which bill to pay, which need to forfeit?

That's why it is critical for people in times of difficulty to understand that help is available. Consumers Energy is working to connect people facing hardship with nonprofit organizations in communities across Michigan. Recently, the state awarded nearly \$90 million from the Michigan Energy Assistance Program (MEAP) to agencies to help with heating costs through this month and the rest of the winter.

Help is available today for anyone who has fallen behind and whose income qualifies. Many people who have difficulty with their energy bill may wait for a shut-off notice before reaching out for aid. With the health and safety of customers as its first priority, Consumers Energy wants to help prevent crisis. Customers

do not have to wait for a shut-off notice to qualify for energy bill assistance. Getting help early is the best way to stay safe and in control.

Consumers Energy encourages anyone who is seeking help, wherever they live in Michigan, to start by dialing 2-1-1 — where resource specialists are available 24-7 for free, confidential conversations to connect people with programs that can help with bills and support a path to self-sufficiency — or to visit [ConsumersEnergy.com/assistance](http://ConsumersEnergy.com/assistance).

In addition to outside help, people might realize they can take steps on their own to lower their energy bill. These steps can be as simple as lowering the setting on their home thermostat, clearing vents of furniture and rugs, or being sure to fill cracks around doors and windows that let cold air inside on winter's coldest days. Get this advice and more at [ConsumersEnergy.com/cold-weather](http://ConsumersEnergy.com/cold-weather).

Finally, this winter it's essential that everyone put safety first. We encourage people who use space heaters, generators or other means of heating their homes to be sure to read all directions and exercise caution. Avoid leaving heating units unattended, ensure they are adequately ventilated and take all other appropriate safety measures.

This fall saw some unusually mild weather in Michigan, but there's no doubt winter has finally arrived — and, it's probably here to stay for a while! Michigan residents need to know help is available right now. Consumers Energy and many friends among Michigan's nonprofit agency networks are working to keep the lights and heat on for those who need it most.

**Whitney Skeans is customer assistance manager for Consumers Energy.**

## RED CROSS

FROM PG. 1A

agency management and law enforcement. She has worked with survivors of domestic and sexual violence and after co-founding Good Harbor Institute, provided training and consulting for child welfare organizations. She volunteers extensively for several nonprofit and collaborative efforts in the region and holds a PhD in human services, in addition to degrees in journalism and philosophy.

Last year, Michigan Red Cross volunteers provided food, shelter, comfort and hope to 3,532 local families who faced emergency situations.

They also provided first aid classes to 121,277 individuals including CPR, AED, Aquatics and Water Safety. Ninety-one cents of every dollar donated to the Red Cross goes toward humanitarian relief programs.

Nearly 314,000 volunteers serve the Red Cross, helping staff blood drives, volunteering at veteran's hospitals, teaching people lifesaving skills such as First Aid and CPR, responding to home fires in the middle of the night and so much more. Here in the Michigan Region, more than 5,000 volunteers help communities across the state, and when called upon, also deploy to assist in national disaster relief operations.

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